

Primary Health

Number of clients that met with a doctor or nurse practitioner:



8,885

Low Back Pain Project

Since its implementation in 2015, the chiropractors at the CSCE have helped over **774** clients, bringing the total number of consultations to **10,091**.



Nutrition

3,057 clients
5,574 consultations
26 community groups



HealthLinks

This year, despite the merger of three health links in the counties of Stormont, Dundas and Glengarry, and Prescott-Russell into one single health link (Champlain East), the nurses at the CSCE continued registering clients. Currently, more than **25** clients at the CSCE have a personalized care plan through the health link.

Mental Health

Number of individual, couple or family therapy consultations:



8,700

Number of clients that received group therapy services (stress or anxiety management, relaxation, mindfulness, yoga, etc.): **1,000**



Centre de santé
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www.cscestrie.on.ca
Every One Matters.

CLINIQUE DE DIABÈTE DIABÈTES CLINIC

This year, the Diabetes Education Program's educators delivered services to **2,502** clients through diabetes education, support and consultations geared towards helping clients manage their condition more effectively. In total, **6,616** consultations were held.

+29 diabetes awareness and education presentations



Community Health

Number of services delivered in a community group setting:



15,840



Total number of groups: **65**

GET MOVING, for better balance!

30 weekly groups
500 participants
15 communities:
Alexandria, Alfred, Bourget, Casselman, Cornwall, Crysler, Embrun, Hawkesbury, Lefavre, Limoges, North Lancaster, Plantagenet, Rockland, St-Isidore, Wendover

Client Satisfaction Survey

When needed, I can get an appointment for an urgent matter with a doctor or nurse practitioner at the CSCE.

Increase in the percentage of individuals who answered "always" and "often" to this question (from 70% in 2017 to 77% in 2018).

In general, when I arrive at the CSCE for an appointment, someone comes to get me... **Increase in the percentage of individuals who answered "Before my appointment" and "On time for my appointment" to this question (from 51% in 2017 to 60% in 2018).**