

INTERNAL/EXTERNAL POSTING

POSITION: Mental Health, Addiction & Eating Disorder Counsellor

NUMBER: CSCE-2023-0010 LOCATION: Cornwall, Ontario

CONTRACT TYPE: Full-time contract position

ENTRY DATE: August 2023

Youth Wellness Hubs Ontario is a multi-service hub for youth aged 12-25 in Rockland and Cornwall. These sites provide rapid access to services that address the needs of youth related to mental health, substance use, primary care, employment/training, housing and other community and social services. This initiative, led jointly by the Cornwall Community Hospital, Valoris for Children and Adults of Prescott-Russell, and Hawkesbury & District General Hospital includes over 20 partner organizations.

WHAT TO EXPECT?

The Mental Health, Addiction & Eating Disorders Counsellor for the Eastern Champlain Youth Wellness Hub (ECYWH) works within an interprofessional team to provide prevention, education, assessment, referral, counselling and follow-up services to youth (12 to 25 years old), and family members affected by mental health, addiction issues or eating disorders.

QUALIFICATIONS:

- Master's degree in psychology, psychotherapy, social work or other field related to health and social services with pertinent psychotherapy experience
- 1 to 3 years of experience working with people struggling with mental health and/or addiction problems, preferably with youth (12 to 25) and with individual, group or family intervention
- Clinical experience in eating disorder services including psychological and behavioural factors, including knowledge of risks specific to people with eating disorders
- Experience working in a community-based setting, with an interdisciplinary team and a vulnerable population
- Any experience related or transferable to the position will be considered
- Knowledge of current issues facing youth today, especially as related to mental health and substance use
- Knowledge of various treatment modalities specific to mental health and addiction such as cognitive behavior therapy; narrative single session/brief therapy
- Strong mediation, negotiation and conflict resolution skills to respond or assist in emergency situations (training in nonviolent crisis intervention is an asset)
- Knowledge of standard software, i.e. Word, Excel, Outlook, Zoom, Microsoft teams, etc.
- Knowledge of community agencies and support services
- Ability to act as a resource for youth and Hub colleagues and provide them with the support they need to achieve their goals
- Team player with Strong analytical capabilities, empathy and equality focused
- Excellent ability to communicate in French and English orally and in writing
- A satisfactory and current Vulnerable Sector Screening
- Member in good standing of a recognized professional college allowing the practice of the role in Ontario
- Valid driver's license and access to a vehicle required

BENEFITS AND SALARY:

- Hourly rate between \$34,01 and \$40,96
- Pension plan and compensation in lieu of benefits

HOW TO APPLY?

Please **submit a French resume and cover letter** demonstrating how you meet the requirements and qualifications for the position by **August 29**th to Ossama Mazbouh, Human Resources Officer | Email: rh@cscestrie.on.ca.

We strongly encourage applications from candidates from diverse and equity-seeking groups including, but not limited to, indigenous individuals, or people of colour (BIPOC) as well as those who identify as 2slgbtq+. CSCE welcomes applications from people with disabilities. Accommodations are available on request for candidates taking part in all aspects of the selection process. We would like to thank all those that apply but only those selected for an interview will be contacted.







