

## Referral Form

We offer individual consultations with Registered Dietitians by appointment only.

- Free and accessible to all – infants, children, teens, adults, and older adults
- Services in English and French in Alexandria, Bourget, Crysler, Embrun, and Limoges
- Services in French in Cornwall
- Services in person, by phone, and by videoconference (virtual)

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First Name:

Last Name:

Home Phone:

Mobile Phone:

Address:

Unit, Street:

City, Province:

Postal Code:

Date of Birth:

Ontario Health Card Number:

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**Reason for the request:**

- |   |   |
|---|---|
| <input type="checkbox"/> Healthy Eating                             | <input type="checkbox"/> Food allergies and intolerances              |
| <input type="checkbox"/> Digestive Disorders (e.g., diverticulosis) | <input type="checkbox"/> Introduction to complementary foods (babies) |
| <input type="checkbox"/> High Blood Pressure                        | <input type="checkbox"/> Vegetarianism or veganism                    |
| <input type="checkbox"/> High Cholesterol/dyslipidemia              | <input type="checkbox"/> Other, please specify reason:                |
| <input type="checkbox"/> Risk of malnutrition                       |   |

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**Is this request urgent?**

- Yes  No

**Documents to include, if available:**

- Blood test results (e.g., lipid panel and blood count)
  - Medication list
  - Medical history
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Centre de santé  
communautaire  
de l'Estrie

## Nutrition Services

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### Referring Health Care Professional

First Name:

Last Name:

Phone:

Fax:

Signature :

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### Please fax to one of our sites:

- Alexandria : 613 525-3991
- Bourget : 613 487-4182
- Cornwall : 613 937-2698
- Crysler : 613 987-9908
- Embrun : 613 443-9519
- Limoges : 613 557-2084