

## Referral Form

We offer pre-diabetes and diabetes education, insulin initiation, and insulin and/or medication adjustment services in English and French in Alexandria, Bourget, Cornwall, Crysler, and Embrun.

Children 17 years of age and under who are diagnosed with diabetes should be referred immediately to CHEO : <https://www.cheo.on.ca/en/clinics-services-programs/diabetes-clinic.aspx>

We do not offer consultations with endocrinologists/internists, nor do we offer services for gestational diabetes and/or insulin pump.

---

First Name:

Last Name:

Home Phone:

Mobile Phone:

Address:

Unit, Street:

City, Province:

Postal Code:

Date of Birth:

Ontario Health Card Number:

---

### Diagnosis

☐ Prediabetes

☐ Type 2 diabetes

### Is this request urgent?

☐ Yes (e.g., HbA1C > 10%)

☐ No

### Check the required service/primary reason for referral

☐ Diabetes education and support

☐ Insulin initiation (requires a prescription and a medical order)

☐ Insulin and/or medication adjustment (requires a prescription and a medical order)

### Documentation to include:

1. Recent lab results (A1C, FBG, eGFR, ACR, Lipids)
2. Medical history/Risk factors
3. Current medication list
4. Prescription and medical order for insulin adjustment, if applicable



Centre de santé  
communautaire  
de l'Estrie

## Diabetes Education Program

**Referring Physician/Nurse Practitioner**

**First Name:**

**Last Name:**

**Phone:**

**Fax:**

**Signature:**

**Please fax this form to 613 937-4983**

**Phone: 613 525-5544 or 613 937-0478 (Toll free: 1 855 342-2338)**